

Dear Friends,



We are still in a rainy, windy time of quiet days and dark evenings. It is always a blessing to spend time with our Father God, resting and praying. One day I chose to sit in a different place on the settee. Normally I am a creature of habit yet on this day, I chose a different seating position.

The scenery was beautiful, green and rich. It had been there all the time, hidden behind my daily habit of rushing my quiet time with the Lord. He waited for me to meditate and enjoy.

This led me to want to study the Scriptures. I wonder whether the familiarity of our way of being might block out the majesty, grandeur, splendour and beauty of Christ. The Holy Spirit longs to take us into a deeper and richer relationship with Jesus. He longs to show us new things, develop long held beliefs and encourage us to grow into the full maturity and manhood of His blessed Son, Jesus Christ.

Isaiah was afraid when he saw God in all His glory. We too would tremble if we suddenly came into the awareness of the complete and full majesty of God. Perhaps some of our dearly held beliefs are a defence mechanism to protect ourselves from being enriched and challenged by new ways of living while experiencing the Holy Spirit teaching us the riches and blessings found in His Word.

God has yet more light and truth to shine forth from His Word. May we seek His face together, share the precious lessons and truths, which the Holy Spirit teaches are to be shared and received among us. May we find humility in knowing that we are all on a journey and that age and experience are not the only criteria which deepen our awareness of Jesus.

Jesus asks each one of us to have a living relationship with Him and for each of us to share with one another those lessons He teaches, so that we can be blessed and built up by one another.

May we look forward to all God has for us this spring and beyond.

Helga Taylor. Managing Director UCHM

**Quote: - Leaders are more powerful role models when they learn than when they teach. --Rosabeth Moss Kantor**



**UCHM** are very grateful and appreciative to **Syngenta** for the donation of 2 computers and equipment, and to **One Community** for a grant towards computer software

# **Lawrence Batley Theatre Huddersfield**

## **The Mikado**

**Wednesday, 16 May 2018 - 7:15pm - Saturday, 19 May 2018 - 7:15pm**

**Tickets: £14.50-£7.50 + selected concessions  
Huddersfield Gilbert & Sullivan Society**

**Tel: 01484 430528**

## **The Scary Bikers**

**Friday, 13 April 2018 - 7:30pm - Saturday, 14 April 2018 - 7:30pm**

**Tickets: £18-£10 / Under 26s £8 / Kirklees Passport  
holders £3 off / Season Saver**

**The John Godber Company and Theatre Royal Wakefield  
A new comedy about life, love and staying on your bike!**

**Tel: 01484 430528**

## **UCHM Magazine/Newsletter Articles**

**UCHM would welcome contributions by individuals for our  
magazine/newsletter. If you would like to contribute to the  
magazine with an article, testimony or poem, please email  
[uchm@uchm.org](mailto:uchm@uchm.org)**

**Please also let us know if you would like to remain  
anonymous**

## **Easter Love**

On Easter we celebrate love,  
love coming down from heaven,  
love blanketing the earth  
in a transforming embrace;  
unique and infinite love,  
giving more than we can imagine  
for us, to cleanse our sin,  
a perfect sacrifice, Lamb of God,  
the walking, talking Word.  
He is teacher, role model, friend,  
this God in human form,  
dying, then rising from the dead,  
proving all who believe  
will also rise  
to have eternal life, with Him,  
Lord of all.  
Oh, Happy, Happy Easter!

*By Joanna Fuchs*

# **Hallelujah! Christ Arose!**

*by Margaret Cagle*

Furry bunnies and Easter eggs  
Are for children to have fun,  
But will they hear the story  
Of God's holy resurrected Son?

Baskets and chocolate bunnies  
May also enter the Easter scenes,  
But let's make sure the children  
Know what Easter really means.

Christ Jesus died for our sins,  
But that's not the end of the story.  
He arose from the dead and the grave  
Before He soon went back to Glory.

The Easter season is a good time  
To let Jesus' light shine through.  
Tell others that He died for us,  
And that He was resurrected too.

Yes, the Saviour died for everyone.  
This is what I have already said,  
But praise God! And hallelujah!  
He also rose up from the dead!

May God bless us all at Easter.  
It is a happy time of the year,  
When we celebrate the Resurrection  
Of our precious Saviour so dear.

## **INTERMEDIATE CERTIFICATE IN COUNSELLING** **Level 3**

Integrates the Christian faith with good, professional, trained and accredited counselling

27 credits at Level 3

**COMMENCING JULY 2ND 2018**

### **Enrolment criteria for course entry includes:**

Previous training and successful completion of a UCHM Level 2 or equivalent plus an interview

On completion you will gain a Level 3 in Counselling Skills

**Progress to Level 4**

## **ADVANCED DIPLOMA IN COUNSELLING** **Level 4**

A distinctive Christian Counsellor Training Programme integrating spirituality with Person Centred Counselling Skills and Psychodynamic Insight

**60 credits at Level 4**

This course meets all the National Level 4 Diploma standards and criteria requirements, and is therefore suitable for both Christian and Secular counsellor training

**COMMENCING SEPTEMBER 14TH 2018**

### **Enrolment criteria for course entry includes:**

Previous training and successful completion of a UCHM Level 3 or equivalent plus an interview

**For further information please contact:** Tel/Fax: 01484 461098, E Mail  
training@uchm.org



# Mother's Day

Sunday 11th March 2018





“Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go.”

*Joshua 1:9*

“But they that wait upon the Lord will renew their strength They shall mount up with wings as eagles; they will run and not be weary, and they shall walk and not faint.”

*Isaiah 40:31*



# Prayer Diary

## March

6th	Advanced Diploma in Counselling Level 4 Year 1
6th	UCHM Monthly Worship
12th	Intermediate Certificate in Counselling Level 3
13th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
14th	Finance & Property meeting Managers meeting
20th	Advanced Diploma in Counselling Level 4 Year 1
20th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
23rd & 24th	Foundation Christian Counselling Level 2
26th	Intermediate Certificate in Counselling Level 3
27th	Advanced Diploma in Counselling Level 4 Year 2
30th	<b>Centre Closed</b> till April 4th for Easter

## April

5th	Trustees Meeting
11th	Managers meeting
16th	Intermediate Certificate in Counselling Level 3
17th	Advanced Diploma in Counselling Level 4 Year 1
17th	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision
24th	Advanced Diploma in Counselling Level 4 Year 1 Group Supervision
27th & 28th	Foundation Christian Counselling Level 2
30th	Intermediate Certificate in Counselling Level 3

## May

1st	Advanced Diploma in Counselling Level 4 Year 2 Group Supervision UCHM Monthly Worship
7th	<b>Closed</b> for May Day
8th	Advanced Diploma in Counselling Level 4 Year 1
11th & 12th	Advanced Diploma in Counselling Level 4 Year 1 Brief Therapy
15th	Advanced Diploma in Counselling Level 4 Year 2
16th	Managers meeting
21st	Intermediate Certificate in Counselling Level 3
22nd	Advanced Diploma in Counselling Level 4 Year 2
28th & 29th	<b>Closed</b> for Spring Bank

## The Atheist's Dilemma

I tried to face down an overwhelming body of evidence, as well as the living God.

*Jordan Monge | April 4, 2013, Christianity Today*

I don't know when I first became a skeptic. It must have been around age 4, when my mother found me arguing with another child at a birthday party: "But how do you know what the Bible says is true?" By age 11, my atheism was so widely known in my middle school that a Christian boy threatened to come to my house and "shoot all the atheists." My Christian friends in high school avoided talking to me about religion because they anticipated that I would tear down their poorly constructed arguments. And I did.

As I set off in 2008 to begin my freshman year studying government at Harvard (whose motto is Veritas, "Truth"), I could never have expected the change that awaited me.

It was a brisk November when I met John Joseph Porter. Our conversations initially revolved around conservative politics, but soon gravitated toward religion. He wrote an essay for the Ichthus, Harvard's Christian journal, defending God's existence. I critiqued it. On campus, we'd argue into the wee hours; when apart, we'd take our arguments to e-mail. Never before had I met a Christian who could respond to my most basic philosophical questions: How does one understand the Bible's contradictions? Could an omnipotent God make a stone he could not lift? What about the Euthyphro dilemma: Is something good because God declared it so, or does God merely identify the good? To someone like me, with no Christian background, resorting to an answer like "It takes faith" could only be intellectual cowardice. Joseph didn't do that.

And he did something else: He prodded me on how inconsistent I was as an atheist who nonetheless believed in right and wrong as objective, universal categories.

Defenceless, I decided to take a seminar on meta-ethics. After all, atheists had been developing ethical systems for 200-some years. In what I now see as providential, my atheist professor assigned a paper by C. S. Lewis that resolved the Euthyphro dilemma, declaring, "God is not merely good, but goodness; goodness is not merely divine, but God."

Joseph also pushed me on the origins of the universe. I had always believed in the Big Bang. But I was blissfully unaware that the man who first proposed it, Georges Lemaître, was a Catholic priest. And I'd happily ignored the rabbit trail of a problem of what caused the Big Bang, and what caused that cause, and so on.

By Valentine's Day, I began to believe in God. There was no intellectual shame in being a deist, after all, as I joined the respectable ranks of Thomas Jefferson and other Founding Fathers.

I wouldn't stay a deist for long. A Catholic friend gave me J. Budziszewski's book *Ask Me Anything*, which included the Christian teaching that "love is a commitment of the will to the true good of the other person." This theme—of love as sacrifice for true good—struck me. The Cross no longer seemed a grotesque symbol of divine sadism, but a remarkable act of love. And Christianity began to look less strangely mythical and more cosmically beautiful.

At the same time, I had begun to read through the Bible and was confronted by my sin. I was painfully arrogant and prone to fits of rage. I was unforgiving and unwaveringly selfish. I passed sexual boundaries that I'd promised I wouldn't. The fact that I had failed to adhere to my own ethical standards filled me with deep regret. Yet I could do nothing to right these wrongs. The Cross no longer looked merely like a symbol of love, but like the answer to an incurable need. When I read the Crucifixion scene in the Book of John for the first time, I wept.

## **No Walk in the Park**

But beauty and need do not make something true. I longed for the Bible to be true, but the intellectual evidence was still insufficient.

So I plunged headlong into apologetics, devouring debates and books from many perspectives. I read the Qur'an and Richard Dawkins's *The God Delusion*. I went through *The Skeptic's Annotated Bible* and looked up Christian rebuttals to apparent contradictions. But nothing compared to the rich tradition of Christian intellect. I'd argued with my peers, but I'd never investigated the works of the masters: Augustine, Anselm, Aquinas, Descartes, Kant, Pascal, and Lewis. When I finally did, the only reasonable course of action was to believe in the death and resurrection of Jesus Christ.

But my head and my heart suddenly switched places. Though I began to know the evidence for the Scriptures, my head full of answers, I began to feel distant from the story that had brought me to tears a month prior. When reading through the Passion narrative on retreat on Cape Cod in the spring, I remained utterly unmoved. I went out to pray.

I walked to a pond surrounded by trees and began praying by the water's edge. I felt disconnected from God, from the friends I'd begun to hold dear, from my body itself. I begged God to make it all click, as a test for me to know that he was there. After an hour with no progress, I started to walk.

Following the pond to a stream, I began climbing through the surrounding thicket to see if I could reach the ocean a little ways down. I kept pausing, thinking, Do I want to go back? I left all my stuff behind. But each time, I renewed my steps, believing that I couldn't quit until I'd made it to the end. I wouldn't forgive myself if I just gave up and went back to where I'd started. I had some sense of direction of where I needed to go, but I didn't know how to get there.

I climbed over branches and under bushes, sometimes going in the opposite direction for a while when the bramble grew too thick. I treaded lightly through marshes only to have the mud swallow my leg up to the knee.

After pulling myself out, I started walking through the stream, since I figured I couldn't get any dirtier, and the ground seemed to be most trustworthy along the middle of the river where the water had worn the path. So I followed it until the last light of day was waning.

I quickly realized that my journey through the briar patch was an apt metaphor. I'm trying to get somewhere, but I'm not sure how to get there. There's no clear path, so I must proceed by trusting my instincts. I might even go off in the opposite direction for a little while. In the end, I may arrive right back where I started. But that's okay too, because I'll get there with a clearer head and everything will be waiting for me when I'm done. It won't be easy. Sometimes I'll get mired in the mud, or caught up in thorns. But I'll make it through, though not without a few cuts.

If I wanted to continue forward in this investigation, I couldn't let it be just an intellectual journey. Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free" (John 8:31-32). I could know the truth only if I pursued obedience first.

I'd been waiting for my head and my heart to be in agreement. By the end of the church retreat, they weren't completely in sync. Many days they still aren't. But I realized that the unity could come later. If my heart had agreed at one point, and my head agreed now, then my heart would follow. I couldn't let a malfunctioning heart delay the logical course of action, the obedience required by true faith.

I committed my life to Christ by being baptized on Easter Sunday, 2009.

This walk has proved to be quite a journey. I've struggled with depression. I would yell, scream, cry at this God whom I had begun to love but didn't always like. But never once did I have to sacrifice my intellect for my faith, and he blessed me most keenly through my doubt. God revealed himself through Scripture, prayer, friendships, and the Christian tradition whenever I pursued him faithfully. I cannot say for certain where the journey ends, but I have committed to follow the way of Christ wherever it may lead. When confronted with the overwhelming body of evidence I encountered, when facing down the living God, it was the only rational course of action.

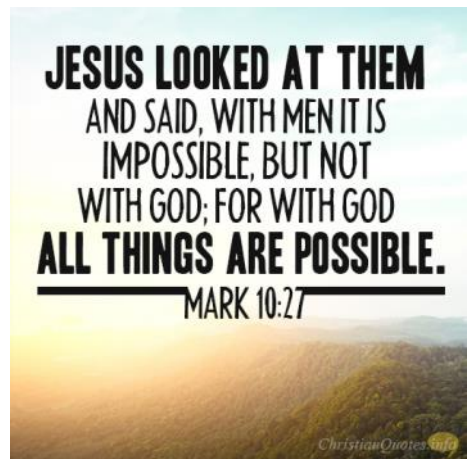
I came to Harvard seeking Veritas. **Instead, he found me.**

## Brain Teasers.....

1. What letter comes next in the following sequence?  
D R M F S L T\_
2. In British Columbia, you cannot take a picture of a man with a wooden leg. Why not?
3. I come in different shapes and sizes. Parts of me are curved, other parts are straight. You can put me anywhere you like, but there is only one right place for me. What am I?
4. A man pushes his car to a hotel and tells its owner that he is bankrupt. Why?
5. When you have me, you immediately feel like sharing me. But, if you do share me, you do not have me.
6. I do not have any special powers, but I can predict the score of any football game before it begins. How can I do this?

[https://icebreakerideas.com/brain-teasers/#Brain\\_Teasers\\_with\\_Answers-2](https://icebreakerideas.com/brain-teasers/#Brain_Teasers_with_Answers-2)

## Answers on Page 19



# Shopping!

Do you shop online?

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<http://www.easyfundraising.org.uk/causes/uchm/> to register and shop with over 2000 well known retailers like Amazon, Argos, M&S, eBay and many more.

Whenever you go to shop, visit Easyfundraising first and click through to the retailer who will make a donation to UCHM.

We have just received a payment for £18.05 for the last quarter and so far this has raised nearly £400



We'd be really grateful if you could use easyfundraising too. It won't cost you a penny extra to shop and you can even save money with special offers and voucher codes.

So please make a difference and take a look at easyfundraising today -

<http://www.easyfundraising.org.uk/causes/uchm/>

# PEANUTS

TELL ME  
WHAT LOVE  
IS, CHUCK

A MAN CALLED  
JESUS



# PEANUTS

Sometimes  
I feel like I've  
done all that I  
can do!

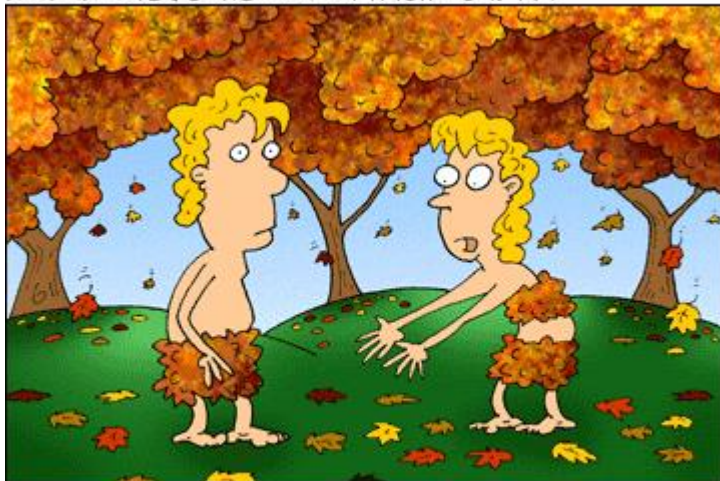
Then it might be time to walk  
away, let go and let God do it!  
Not everything is meant for you  
to handle. Trust God.







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10-06-2006

WILL YOU PLEASE PICK UP ALL YOUR CLOTHES?



## **HUDDERSFIELD TOWN HALL**

### **Lesley Garrett in concert with Massed Choirs**

**Sat 10th March 7.15pm**

Lesley Garrett opera singer, presenter and Yorkshire lass is welcomed back by Honley Male Voice Choir for a masses choir concert. Guests include Lindley Junior School and the voice of Altrincham Choral Society and Chesterfield Philharmonic Choir

**Tickets from £15**

### **Brighouse & Rastrick Band**

**Sat 24th Mar at 7:15pm**

### **The Chicago Blues Brothers**

**Sat 7th Apr at 7:30pm**

### **Barry Steele and Friends - The Roy Orbison Story (Touring)**

**Sat 19th May at 7:30pm**

#### **Contact:**

**Huddersfield Town Hall, Huddersfield**

**Online: [www.kirkleestownhalls.co.uk](http://www.kirkleestownhalls.co.uk)**

**Phone: 01484225755**

# Wanted

## Electrical Goods

We are always needing small electrical items to sell in the shop - if you have any you no longer need then please donate them for us to sell on. These are then PAT tested and then put out for sale.



## ANSWERS to brain teasers:

1. D – each letter represents one note in the diatonic musical scale: Do, Re, Mi, Fa, Sol, La, Ti, Do
2. You cannot take a picture with a wooden leg; you need a camera
3. A jigsaw puzzle piece
4. He is playing Monopoly
5. A secret
6. Well, the score before any football game is always zero to zero!

# **UCHM News**

## **Team News**

Our thanks go to Val Haigh for her willingness to take over from Beryl Thompson when she retires from the role of Counselling Coordinator at the end of January. We owe Beryl a huge debt of gratitude for the outstanding way she has administered this role over many years.

We are sad to announce the death of Pauline Dodson from cancer on 18.1.18. Pauline was a very loyal and committed friend and volunteer of UCHM for many years, and in her later years became one of our prayer intercessors. She will be very deeply missed. R.I.P.

We thank Adelle Howells for her time with us as a volunteer, and wish her every blessing in her new job and her continuing studies on our Level 3 Intermediate Certificate in Counselling.

## **Donations**

We say a big thank you to 3 churches who have tithed donations to us recently, The Light Church, Bradford, Grace Community Church and St Barnabas Crosland Moor.

## **UCHM Monthly Worship Time**

It has been decided to try a different format for the Monthly Worship Time. It will still take place on the 1st Tuesday of the month but instead of starting at 6.30pm it will start at 5.30pm for an hour.

## **National Mindfulness Day for Christians**

Sponsored by Association of Christian Counsellors (ACC) and  
PastoralCare UK (PCUK):

May 19th 2018, 09:30 to 16:30

### **Bridge Community Church**

Rider Street  
Burmantofts  
LEEDS  
LS9 7BQ

This National Mindfulness Day is for Christians interested in the area of mental health and spirituality. In particular its focus is to enable Christians to engage with secular mindfulness for health and Christian mindfulness of God in an informed way. The keynote speakers are all experts in this field and will bring psychological, biblical and historical perspectives to the cultural phenomenon of mindfulness. The conference will be invaluable for any Christian interested in this area of mental health and spirituality

**To Book online go to:**

**[www.nationalmindfulnessday.co.uk](http://www.nationalmindfulnessday.co.uk)**

## **Jesus Dies on the Cross**

**Matthew 27:45-46**

**45 Now from the sixth hour until the ninth hour there was darkness over all the land. 46 And about the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lama sabachthani?” that is, “My God, My God, why have You forsaken Me?”**

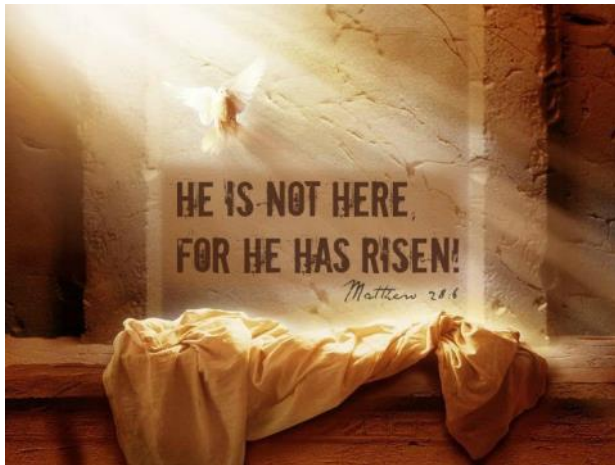


**Romans 5:8**

**8 But God shows his love for us in that while we were still sinners, Christ died for us.**

## **Matthew 28 – 5:7**

**5 The angel said to the women, “Do not be afraid, for I know that you are looking for Jesus, who was crucified. 6 He is not here; he has risen, just as he said. Come and see the place where he lay. 7 Then go quickly and tell his disciples: ‘He has risen from the dead and is going ahead of you into Galilee. There you will see him.’ Now I have told you.”**



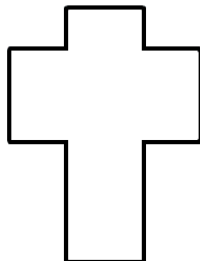
# Easter Word Search

T	H	O	R	N	S	W	Y	S	M	L	A	P	N	G
K	R	I	S	E	N	Y	C	E	N	O	T	S	E	C
R	E	T	S	O	O	R	D	R	K	H	O	T	V	R
B	E	L	I	E	V	E	S	E	O	N	H	B	I	U
Y	T	P	M	E	Z	D	X	S	Y	S	O	C	G	C
E	C	I	F	I	R	C	A	S	E	A	S	D	R	I
E	V	I	L	A	L	N	B	M	O	T	R	B	O	F
S	I	N	U	I	N	N	A	I	L	S	C	T	F	Y
W	V	G	F	A	E	N	P	I	L	A	T	E	E	S
B	R	E	A	D	E	Y	A	R	P	D	I	E	D	B

ALIVE  
BELIEVE  
BETRAYED  
BREAD  
CROSS  
CRUCIFY  
DIED  
DONKEY  
EMPTY  
FORGIVEN



GETHSEMANE  
GUARDS  
HOSANNA  
LIFE  
NAILS  
PALMS  
PILATE  
PRAYED  
RISEN  
ROOSTER



SACRIFICE  
SIN  
SON  
STONE  
THORNS  
TOMB





# **VOLUNTEERS WANTED!**

## **Receptionists:**

We are looking for gifted workers who could do a minimum of half a day or an evening in the office. Duties would include answering the telephone and greeting visitors, and assisting with the admin workload of the centre.

## **Charity Shop Volunteers:**

If you are able to offer half a day or more to work in our charity shop and like working with people. Duties would include sorting stock, and dealing with customers.

If you are interested in volunteering for any of these or would like to see if we have other vacancies then please contact the centre on **01484 461098** or email **[uchm@uchm.org](mailto:uchm@uchm.org)**